

EU-level activities on Mental Health

MEP Interest Group Brussels, 24 January 2012

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European Pact for Mental Health and Well-being (1)

- Series of thematic conferences 2009-2011
 - Prevention of Depression and Suicide Budapest, 10-11 December 2009
- Council Conclusions on the Mental Health Pact: results and future actions, 6 June 2011

Joint Action on Mental Health and Well-being, starting 2012/13



Budapest conference Prevention of Depression and Suicide 10-11 December 2009 (conclusions)

- Leadership and political commitment;
- Capacity building in the primary care sector
- Promotion and prevention, starting already in childhood
- Partnership with other sectors
- Empowerment of users and citizens
- Need for research and data



Joint Action on Mental Health and Well-being

- To establish a commonly endorsed action framework on mental health, addressing:
 - Depression and Suicide
 - Moving towards community-based mental health services
 - Workplaces
 - Schools
 - Health in all Policies





Other policy areas ' activities on mental health /depression (examples)

DG EMPL

- Occupational Health and Safety
- Eurostat
 - European Health Interview Survey (EHIS)
- DG RTD
 - Comprehensive approach to research into mental health
 - ROAMER-project to develop Roadmap for mental health research