

Mental health and Well-being in Children and Adolescents

Joint Action on mental
health – WP7

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The framework of the EU Joint Action on Mental Health and Well-being

Based on both the 2005 consultation on the Commission's “**Green Paper** on Improving the Mental Health of the Population” and the work and recommendations resulting from the 2009-2011 thematic Conferences that were organized under the “**European Pact for Mental Health and Well-being**”

Objectives (36 months)

- formulate a set of policy recommendations and build a sustainable commitment for their implementation
- establish a process for structured collaborative work analysing past achievements and limitations, and developing an endorsed common framework for action to promote mental health and well-being, prevent mental health problems, tackle mental disorders.

The framework of the EU Joint Action on Mental Health and Well-being (2)

5 (+3) Work Packages will address:

- Promotion of mental health at the workplace;
- Promotion of mental health and well-being of children and adolescents through the integration of health and education;
- Promotion of evidence based action against depression and suicide;
- Transition from institutional mental health services to community based care models;
- Integration of mental health in all policies.

The JA has been submitted for approval in March 2012

WP7: Promoting mental health in children and adolescents

Objectives:

- **Promotion** of individual, social and environmental skills for young people, especially in the school setting
- **Prevention** of psycho-social distress which may lead to mental disorders in adulthood
- **Development** of cooperation among the health, social and education sectors

WP7 Promoting mental health in children and adolescents (2)

The objectives will be achieved through:

- **Analysing** the **situation** of MH promotion and mental disease prevention in participating Countries
- **Mapping** scientific **evidence** and good practices
- **Developing recommendations** for action at EU level and in Member States
- **Supporting** engagement and **commitment** of Member States and other stakeholders **for** more effective **actions**

Associated partner/Collaborating

- Italy (WP Leader)
- Croatia
- Estonia
- Finland
- Iceland
- Malta
- Norway
- Slovakia
- United Kingdom
- Italy MoH
- A number of NGO's
- International Organisations (i.e. WHO, OECD)
- Other stakeholders
- Experts

Expectations

- **First of all: approval!**
- Select and share examples of good practices
- Formulate attainable recommendations for cooperation among sectors (health, social, education)
- Create a network for cooperation
- Help implementation in different Countries, also through Regional workshops