



# **GAMIAN-Europe Annual Activity Report**

The voice of patients in mental health

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# ABOUT US

**GAMIAN-Europe** was established in 1998 as a representative coalition of patient organisations. Putting the patient at the centre of all issues of the EU healthcare debate, the organisation aims to bring together and support the development and policy influencing capacity of local, regional and national organisations active in the field of mental health. Patients can and should play an effective and complementary role in developing positive and proactive policies and other initiatives with an impact on mental health issues. GAMIAN-Europe, as an informed and effective advocate, is seeking to become a powerful and trusted point of reference for the main EU institutions and other organisations and stakeholders seeking the views of patients. Mental health is a matter of increasing importance to all of us. Everybody knows somebody that has some form of mental health problem. Some of us cope with the ups and downs of life well; others, on the other hand develop a mental illness. This can happen to any of us: mental health concerns us all. 'GAMIAN-Europe, a patient-driven pan-European organisation, represents the interests of persons affected by mental illness and advocates for their rights.' GAMIAN-Europe is our voice to represent and advocate the interests of patients.



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[www.gamian.eu](http://www.gamian.eu)

GAMIAN-Europe

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## FOREWORD BY PRESIDENT **HILKKA KARKKAINEN**



### **Welcome to GAMIAN-Europe Annual Report 2018!**

Since its inception over twenty years ago, GAMIAN-Europe has represented the interests of persons affected by mental illness and advocated for their rights. During last year, GAMIAN-Europe has continued this work; it has acted as the voice of people affected by mental ill health at EU level, working to improve the availability, accessibility and quality of treatment and to ensure support for all mental health problems.

Last year was dedicated to strengthening the organisation, operationally as well as financially; we renewed our logo and website, making it more accessible as well as more visually attractive. We have also continued to develop our visibility by means of social media.

Early in the year, GAMIAN-Europe published a report entitled 'Sexual Health Impact on Mental Well-Being', based on a survey submitted to our membership in 2017. In addition, GAMIAN-Europe continued as a member of an informal coalition of 9 mental health-related organisations, which produced a report entitled "A sustainable approach to depression – moving from words to action". This report puts forward ten key policy recommendations which can provide guidance to policymakers with respect to more effective investment in depression, ensuring that programmes for depression are sustainable and have a lasting impact on people affected as well as their carers. This report was launched in a meeting of the European Parliament Interest Group on Mental health, Well-being and Brain Disorders, and GAMIAN-Europe managed to get the support from 14 MEPs for this event.

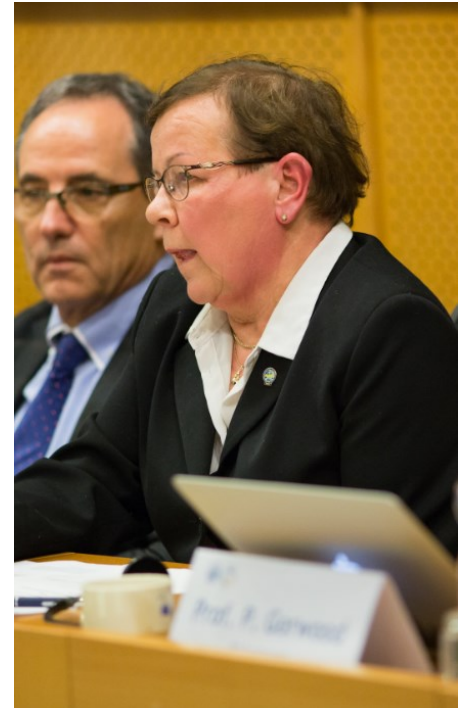
GAMIAN-Europe also participated in the third and final EU-Compass for Action on Mental Health and Well-being Mental Health Forum held in Luxembourg on 8-9 February; this focused on community-based mental health services and developing integrated approaches to governance - often referred to as 'mental health in all policies'. In this event a major scientific paper on Community Care was presented as part of the work of

the Compass. The Compass has come to an end and mental health will now be addressed as part of the European Commission's general programme on chronic disease. GAMIAN-Europe continues to advocate for a specific EU level Action Plan on Mental Health; we already developed a comprehensive outline of what such a Plan might entail two years ago.

Last year the European Commission invited stakeholders across the EU to express their views on what the next EU-level R&D programme should be focusing on. In its response GAMIAN-Europe underlined the need for the future programme to specifically address mental health, taking account of the recommendations of the ROAMER project.

GAMIAN-Europe also continued to act as the coordinator and Secretariat of the Interest Group on Mental Health, Well-being and Brain Disorders, focusing on areas of specific interest to our members and supporters as well as on relevant EU policy initiatives. As part of this work, GAMIAN-Europe organised a closed expert workshop in the European Parliament in March. This event, entitled 'Improving Patient Empowerment and Self-Management of Care in Mental Health' aimed to collect the views of relevant stakeholders and the findings provided the basis for a comprehensive Call to Action on this topic. This was presented and further discussed in a meeting of the European Parliament Interest Group on Mental Health, Well-being and Brain Disorders in May and was formally launched in September, endorsed by many stakeholders and MEPs. The Call comprises specific recommendations for action for all stakeholders involved (policymakers, health care professionals, patients, carers, education bodies...) and underlines that most people with mental ill health, most of the time, do have the competence to self-manage their treatment and care. We also organised a joint meeting of the Interest Group with the European Psychiatric Association, addressing patient centred research and care. Reports of all these events are available on our website.

2018 was also a year of creating new partnerships and strengthening existing ones. We created new relationships with several industry partners, continued our strong partnerships with EUFAMI and ECNP



Hilkka Kärkkäinen at the European Parliament Interest Group on Mental Health, Well-being and Brain Disorders (3 December 2018)



President Hilikka Kärkkäinen  
and Executive Director Nigel  
Olisa at the EBC Industry Day in  
Brussels (21 November 2018)

and created a new partnership with OECD. Our close partnership with the European Patients Forum (EPF) continued with our involvement on the EPF Board. As a President of GAMIAN-Europe I was also a member of the Board of the European Brain Council (EBC). We moved from a Memorandum of Understanding with the European Psychiatrists Association (EPA) to the next level of cooperation and were happy to accept an ex-officio EPA Board seat; we are now working together on a common project focusing on patient and clinician experience in managing depression.

2018 was also a very active year in relation to EU-funded research projects: MoodFOOD came to an end and held its final conference in December. The work on ImpleMentAll has continued; this project aims to investigate and stimulate ways to put in place faster and more effective implementation of eHealth interventions. The CAPICE project (Childhood and Adolescence Psychopathology: unravelling the complex etiology by a large Interdisciplinary Collaboration in Europe) has also continued. GAMIAN-Europe is taking part in new EU-projects, such as EBRA (European Brain Research Area) run by EBC (European Brain Council) and SYNCHROS.

All this work would not have been possible without the continued commitment of the Board, our staff, our members and our supporters. GAMIAN-Europe, as the organisation representing the interests of mental health patients at European level will continue to advocate patients' rights and their needs also in the future.

I hope that you will enjoy reading this annual report and that it will provide you with new insights into the work of GAMIAN-Europe.

Hilikka Kärkkäinen  
President  
GAMIAN-Europe



# BOARD MEMBERS AND STAFF

## Board of directors

President: Hilkka Kärkkäinen

Vice President: Raluca Nica  
(Romania)

Immediate Past President:  
Yoram Cohen (Israel)

Treasurer: Jacinta Hastings  
(Ireland)

Secretary General: Aikaterini  
Nomidou (Greece)

Communication Officer:  
Dolores Gauci (Malta)

## Members

Bert Aben (Netherlands)

John Bowis (United Kingdom)

Jacinta Hastings (Ireland)

Robert Kristof (Hungary)

Daniel Cernik (Czech Republic)

Matt Muijen (The Netherlands)

## Staff

Nigel Olisa, Executive  
Director

Christine Marking, EU  
Liaison Officer

Erik van der Eycken, EU  
Research Project Officer





# OUR MEMBERSHIP

GAMIAN-Europe currently brings together a wide variety of organisations (local, regional and national) from almost all European countries. We have members from **26 European countries** and a strong partnership with **recognised European-level organisations**.

Any organisation, operating in the field of mental health who shares our objectives can become a member.

Ups&Downs	SOFPSI N. SERRON Association of Families, caregivers and friends for the Mental Health, Alzheimer's disease and related disorders	Encontrar+se
ADHD Europe		Romanian League for Mental Health
ADHD, ASC & LD Belgium	SOPSI Panhellenic Organization of Families for Mental Health	Strong In Spirit
European Men's Health Forum	Anima Anke Psychosocial and rehabilitation Unit	Rainbow soulODOS
Croatian Society for Suicide Prevention	DYPSA	OZARA National association for the quality of life
Duga – Family organisation of Croatia	Hellenic Bipolar Organisation	MOISTOVI
Association for protection of Patients rights	ADHD Hellas	ALTRA Social and health care for people with mental health problems
Society for improvement of mental health and quality of life	Awakenings Foundation	Associacio de Bipolars de Catalunya
Palia Centar	ENOSH The Israeli Mental Health Association	ABDV Association supporting and informing people with mental illness
Association for Protection and Promotion of Mental Health	Cork Mental Health	ASIEM Defending rights of people with mental illness and their families in Valencia
Organization for improving mental health and quality of life of patients with psychotic disorders and their families	Aware	Ananke Association Supports people with OCD and related diagnoses
Advocacy Group for the Mentally Ill	ARAP	Föreningen Balans Patient and family association for bipolar disorder, depression, fatigue
Czech Mental Health Association	Arete Onlus Psychology and Development	ÅSS Swedish Anxiety Disorder Association
Občanské sdružení KOLUMBUS	URASAM Lombardy	LIBRA The support association for people with depression and bipolar disorder and their close relatives
Estonian Mental Health Association	Club13 & Co National Organization of Persons with Mental Disorders and their Friends	Schizophrenia Solidarity Association
Finnish Central Association for Mental Health	Richmond Foundation	Blue Horse Ankarra
Taiteen Sulattamo	Plusminus The Association for Manic Depressants and Associates	Rethink Mental Illness
Kukunori	ANOIKSIS	HAFAL Charity for people with serious mental illness and their carers
France Dépression	Hieronimus Forum for anxiety and depression	ADDISS The National Attention Deficit Disorder Information and Support Service
Schizo oui	Bipolar association of Norway	SOMATO
Solidarité Santé Mentale	Association Integration	
ARGOS 2001 Help and support for patients with bipolar disorder	Feniks Association ADEB Association for the Support of Depressive and Bipolar Patients	
FNAPSY National Federation of User Associations in Psychiatry	EUTIMIA Aliança Europeia contra a Depressão em Portugal	

# GAMIAN-EUROPE ACTIVITIES

## Call to Action on Empowerment and Self-management of Care

In March, **GAMIAN-Europe** convened an expert workshop where a variety of leading EU-level and national (mental) health stakeholders with an interest in empowerment of patients and self-management of care were brought together to explore the current situation, identify barriers to empowerment and develop practical recommendations for action.

Based on the outcome and content of the discussions, GAMIAN-Europe produced a draft **Call to Action**, which emphasises the urgent need to stimulate the empowerment of those affected by mental ill-health and to recognise the vital role persons affected by mental ill-health can play in the management of their treatment and care, in partnership with health professionals and other care providers. The draft Call to Action was further discussed at a meeting on 16 May and formally launched on 26 September, endorsed by a wide variety of stakeholders.



MEPs Tomáš Zdechovský and Helga Stevens—  
EP Interest Group (5 December 2018)

The Call, developed with the direct input from a variety of leading EU-level and national (mental) health stakeholders, addresses what can be undertaken concretely to overcome the current pervasive disempowering attitudes and behaviours towards people affected by mental ill health and contains targeted recommendations for a number of specific individual stakeholder groups.

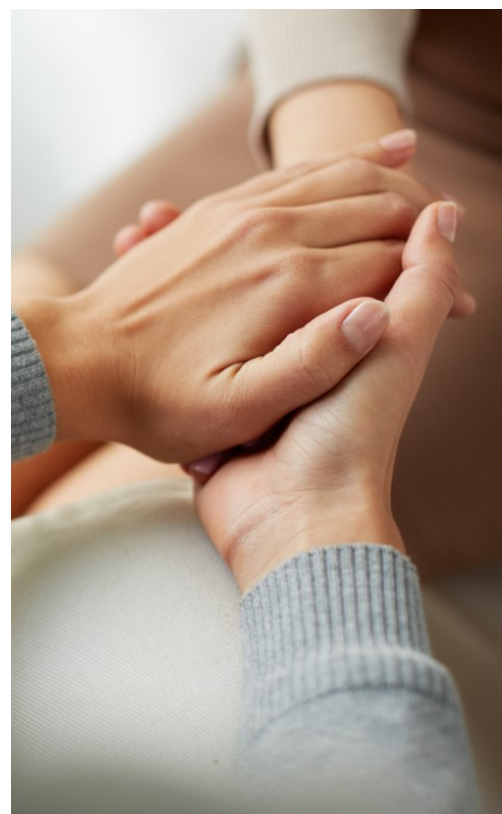
GAMIAN-Europe developed this Call as one of its priorities as the huge prevalence and impact of mental health conditions cannot be overlooked: 11 % of the European population experience mental disorders every year. The proportion of national health budgets devoted to mental health ranges between 4% to 13% across the EU.

# GAMIAN-EUROPE ACTIVITIES

## Patient Charter on schizophrenia

GAMIAN-Europe started work on the development of a Patient Charter which will cover the rights – related to mental health support, treatment or care - that matter to the psycho-social and physical well-being of people with schizophrenia. It is expected, subject to agreements reached by a working group of 15 Members, that the Charter will include standards and targets related to access to:

- comprehensive, up-to-date and evidence-based treatment and care
- quality and safety of treatment,
- protection from neglect and abuse
- involvement of patients in the process
- respect for the individual and his/her identity, access to information with respect to treatment process
- participation and Inclusion in society
- accountability and redress



The majority of members in the working group will be service users with a diagnosis of schizophrenia. The group will be led by GAMIAN-Europe board members and served by a consultant. Additional members will be invited for their expertise, including a representative from EUFAMI (the European Carers Organization), the EPA (the European Psychiatric Association) and HORATIO, (the European Nursing Association). The process to develop the Charter will take one year. GAMIAN-Europe has convened one meeting with one more to come. GAMIAN will also produce a report and disseminate to stakeholders using its contacts and those of its partners. It is anticipated that it will be launched in a meeting of the European Parliament Interest Group on Mental Health, Well-being and Brain Disorders in 2019 or early 2020.



# GAMIAN-EUROPE ACTIVITIES

## Breaking the silence: Sexual health impact on mental well-being

This report was published in February 2018 and gives an overview on the descriptive statistics (frequencies, percentages) about the respondents' background characteristics, mental health / treatment and sexual health. Besides, we perform some crosstab analyses in order to analyse the relationships between the background characteristics and sexual health on the one hand and mental health / treatment and sexual health on the other side. The questionnaire has been completed by 308 respondents.



Breaking the silence:  
**Sexual health impact  
on mental well-being**

The GAMIAN-Europe survey



# GAMIAN-EUROPE ACTIVITIES

## The European Parliament Interest Group on Mental Health, Well-being and Brain Disorders

The **Interest Group on Mental Health, Well-being and Brain Disorders** was set up in 2009 with the aim to advocate the development of sound EU policies which contribute to prevention of mental health problems and ensure good services, care and empowerment for those affected by mental health problems. The Group meets 3 times a year and these meetings provide an opportunity to advocate and underline the need for EU activities to take the field of mental health to take into account. The secretariat for this Group is being provided by GAMIAN-Europe. Co-chairs: MEPs Cristian Busoi, Nessa Childers, Marian Harkin, Jean Lambert and Tomas Zdechovsky.

Three meetings were held during 2018:

16 May 2018: **Mental health, patient empowerment and self-management of care – a Call to Action**

3 December 2018: **New horizons for person-centred mental health research and care**

5 December 2018: **A sustainable approach to depression moving from words to actions**

European Parliament Interest Group on Mental Health, Well-being and Brain Disorders (3 December 2018)



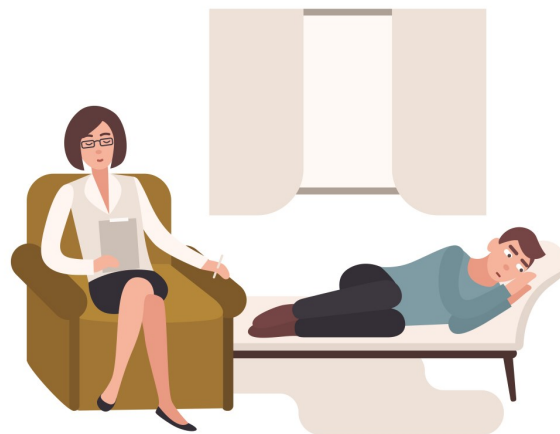


# GAMIAN-EUROPE ACTIVITIES

## 16 May 2018: Mental health, patient empowerment and self-management of care – a Call to Action

The meeting on 16 May was the occasion for a second discussion of the launch of GAMIAN-Europe's a comprehensive **Call to Action on the empowerment of persons affected by mental ill health and their self-management of care and treatment.**

The objective of the meeting was to inform relevant stakeholders of the importance of empowered patients and to present and discuss the draft Call to Action on this topic. It was further intended to hear the views of EU-level policy makers and relevant mental health stakeholders on this topic as well as their recommendations for action. Chaired by Tomas Zdechovsky MEP, the meeting was an occasion for participants to reflect on the text of the Call and come forward with their comments and amendments.



European Parliament Interest Group on Mental Health, Well-being and Brain Disorders (5 December 2018)



# GAMIAN-EUROPE ACTIVITIES

## 3 December 2018 : New horizons for person-centred mental health research and care

On 3 December, in a meeting jointly organised by GAMIAN-Europe and the European Psychiatric Association (EPA), the Group addressed **person-centred mental health research and care**.

This event aimed to underline the importance of person-centred mental health research and care and increase the visibility of this topic, exchange views on how a person-centred perspective can be ensured in EU funded and other research addressing mental health, inform about ongoing research focusing on mental health in a person-centred way, stimulate discussion amongst stakeholders and forge links for future cooperation, underline the importance for Horizon Europe to take person-centredness as a guiding principle for future EU-funded mental health research.

The meeting was chaired by Tomas Zdechovsky MEP, Prof. Silvana Galderisi (EPA President) and Prof. Philip Gorwood (EPA President-elect).





# GAMIAN-EUROPE ACTIVITIES

## 5 December 2018: A sustainable approach to depression: moving from words to actions

On 5 December the Group launched a report entitled '**A sustainable approach to depression: moving from words to actions**', aimed at providing policymakers with concrete ways to better address the full spectrum of depression and its impact on our societies. It was the result of nine mental health-related organisations joining forces to address the need to remedy the gaps in depression diagnosis and care. They agreed to produce a report aimed at providing policymakers with concrete ways to better address the full spectrum of depression and its impact on our societies. The report drew from the practical experiences of a variety of innovative projects addressing different aspect of depression across the EU. Key factors and lessons learnt were identified which can help policymakers develop and put in place concrete, relevant and sustainable policies and initiatives.

The event aimed to present the key findings of this report, showcase examples of successful projects addressing depression, exchange views on how depression can be prioritised on the EU and national policy agendas, forge links between relevant stakeholders and explore ideas for future cooperation to ensure better management of depression. The event was chaired by Tomas Zdechovsky and Julian Beezhold (EPA). The meeting was actively supported by 14 MEPs.

GAMIAN-Europe was one of the nine organisations, which met several times during 2018 to develop the report, which identifies key factors that will ensure programmes for depression are sustainable and have a lasting impact on people affected. Drawing from the practical experience of 19 case studies and the published literature, ten recommendations were identified that may help policymakers build a sustainable response to depression in years to come.

### A sustainable approach to depression: moving from words to actions



This report was prepared by the group of experts listed as authors and contributors, with support from The Health Policy Partnership. The authors had full editorial control over its content. The initiation and funding for this report was provided by Janssen. None of the contents of the report is specific or biased to any particular treatment or therapy.





# GAMIAN-EUROPE PROJECTS

## Patient-Clinician Experience focusing on Depression

Mental health care can only be effective if patients and mental health workers can develop trust that will reduce fear and enable the establishment of a therapeutic relationship. This will require an understanding of each other's expectations, possibilities, powers and limitations. There has been little systematic exploration of the mutual experiences of patients and clinicians and how these interact throughout the care process. Mental health care would benefit from a better understanding of hopes and objectives, decision making processes, successes and frustrations from both the patient and the mental health worker's perspective of the care process.

GAMIAN-Europe, in partnership with the European Psychiatric Association (EPA), is currently carrying out a project that explores and describes the care experience of patients, complemented by the narrative of the mental health service. The two experiences are being brought together in a dialogue, leading to conclusions about desirable actions.

The questions that this process is raising:

- What have been good and what have been negative experiences?
- Is the interaction between patients and mental health workers lacking a foundation of trust, leading to a cycle of disrespect, fear and coercion?
- What interventions might have facilitated a positive process?
- Does psychiatric care have the tools and resources to offer adequate care for many of its patients, or does their absence result in a demoralized workforce giving up hope?
- Is there sufficient system support for the psychiatric workforce from sectors such as social care, housing and employment, limiting scope of interventions to medical care, enabling holistic care?
- Has training and education prepared the mental health workforce adequately?
- What interventions would support patients to gain optimal benefit from treatment and care?

A report will be produced jointly by GAMIAN-Europe and the EPA, describing some of the main patient and clinician experiences, and offering recommendations to policy makers, clinicians, training institutes and patient groups.



# INVOLVEMENT WITH EU-FUNDED RESEARCH PROJECTS

**GAMIAN-Europe** is increasingly invited as a partner in EU-funded research projects. Our role in these projects usually consists of ensuring that the patient view is included in the work and outcome of the project as well as disseminating the projects' findings to relevant stakeholders.

## Project involvement during 2018:



The European Brain Research Area project — **EBRA** — was created as a catalysing platform for brain research stakeholders (researchers, clinicians, patients, governments, funders and public institutions) to streamline and better co-ordinate brain research across Europe while fostering global initiatives. Launched on 1 November 2018, this project is coordinated by the European Brain Council (EBC). The Consortium consists of the EBC membership, the Network of European funding for Neuroscience research (NEURON), Joint Programme – Neurodegenerative Disease Research (JPND) and the Human Brain Project (HBP).



**CAPICE** (Childhood and Adolescence Psychopathology: unravelling the complex etiology by a large Interdisciplinary Collaboration in Europe). GAMIAN-Europe is supporting dissemination of the findings in layman's language.



**MooDFOOD** is a Multi-country Collaborative project on the Role of Diet, Food-related behaviour, and Obesity in the prevention of Depression. The MooDFOOD consortium combines expertise in nutrition, consumer behaviour, psychiatry and preventive psychology and uses a unique integrative approach. The project came to an end in December.



# INVOLVEMENT WITH EU-FUNDED RESEARCH PROJECTS

Project involvement during 2018:



[SYNCHROS](#) (SYNergies for Cohorts in Health: integrating the ROle of all Stakeholders) coordination and support action aims to establish a sustainable European strategy for the development of the next generation of integrated population, patient and clinical trial cohorts, thereby contributing to an international strategic agenda for enhanced coordination of cohorts globally.



[ImpleMentAll](#) is a European collaboration which aims to identify how evidence-based eHealth interventions can be implemented faster and more effectively. It is based on the notion that implementation of new services and technologies is time-consuming and costly– and often fails completely – not least in the healthcare domain.



# GAMIAN-EUROPE, STAKEHOLDERS AND SUPPORTERS

## Representation and active involvement in:

### Saphir seminar

Held by Servier on 2 February 2018 in Paris and attended by our President Hilka Kärkkäinen who gave a presentation.

### EBC Board Meeting

Held by the EBC on 8 February 2018 and attended by Nigel Olisa, our Executive Director.

### EPA 2018 Forum & Congress

Held by the EPA on 3-6 March 2018 in Nice and attended by Nigel Olisa and our President Hilka Kärkkäinen who also gave three presentations.

### MDD task force meeting by Johnson & Johnson

Held on 26 March 2018 in Brussels, attended by Hilka Kärkkäinen.

### EPF Board & AGM + Leadership meeting in Brussels

Held on 13–15 April 2018 in Brussels and attended by Hilka Kärkkäinen.

### EBC Workshop in Brussels

Held on 23-24 April 2018 in Brussels, attended by Hilka Kärkkäinen.

### Meeting on Schizophrenia treatment by Janssen

Held on 15 May 2018 in Brussels, attended by Hilka Kärkkäinen.

### EBC Board & AGM in Brussels

Held on 23-24 May 2018 in Brussels, attended by Hilka Kärkkäinen.

### LINF Faculty Meeting in Krakow

Held on 1-3 June 2018 in Krakow, attended by Hilka Kärkkäinen.

### EPF Board Brussels

Held on 6 June 2018 in Brussels, attended by Hilka Kärkkäinen.

### Lundbeck one voice summit

Held on 27-28 June 2018 in Copenhagen, attended by Hilka Kärkkäinen and Nigel Olisa.

### OECD Workshop on Mental Health Performance

Held on 29 June 2018 in Paris and attended by Hilka Kärkkäinen.

**Patient & Clinician project kick off meeting and GAMIAN-Europe Board Brussels**  
(7-8 September 2018, Brussels)



Hilka Kärkkäinen and Helen Bennett from Hafal at the ECNP Congress 2018



GAMIAN-Europe at the ECNP Congress 2018



# GAMIAN-EUROPE, STAKEHOLDERS AND SUPPORTERS

Attended by Hilikka Kärkkäinen and Nigel Olisa.

## **EPF Board in Brussels**

Held on 11 September 2018 in Brussels, attended by Hilikka Kärkkäinen.

## **MDD task force meeting in Brussels**

Held on 21 September 2018 in Brussels, attended by Hilikka Kärkkäinen.

## **EBC meetings in Brussels**

Held on 24-25 September 2018 in Brussels, attended by Hilikka Kärkkäinen and Nigel Olisa.

## **ECNP Congress**

Held in Barcelona on 6-9 October 2018 and attended by our President Hilikka Kärkkäinen and Executive Director Nigel Olisa.

## **Patient symposium by Lundbeck in Brussels**

Held on 29 October 2018 in Brussels, attended by Hilikka Kärkkäinen.

## **Headway 2020 meeting in Rome**

Held on 30-31 October 2018 in Rome, attended by Hilikka Kärkkäinen.

## **European Patient Summit by Janssen in Brussels**

Held on 6-7 November 2018 and attended by Hilikka Kärkkäinen and Nigel Olisa.

## **Patient Charter kick off meeting & EBC Industry Day in Brussels**

Held on 20-21 November 2018 in Brussels, attended by Hilikka Kärkkäinen and Nigel Olisa.

## **EBC AGM & EBRA kick off meeting**

Held on 22 November 2018 in Brussels and attended by Hilikka Kärkkäinen and Nigel Olisa.

## **DGPPN Congress in Berlin**

Held on 29-30 November in Berlin and attended by Hilikka Kärkkäinen who shed some light on how the human rights of people with mental health conditions are violated.

## **EPA Board & IG meeting + EPA NPA's meeting**

Held on 4 December 2018 in Brussels and attended by Hilikka Kärkkäinen.

## **IG meeting on Sustainable Approach to Depression in Brussels**

Held on 5 December 2018 in Brussels and attended by Hilikka Kärkkäinen and Nigel Olisa.



Presentation by Hilikka Kärkkäinen at the Saphir seminar in Paris (8 February 2018)



Hilikka Kärkkäinen at the DGPPN Congress in Berlin

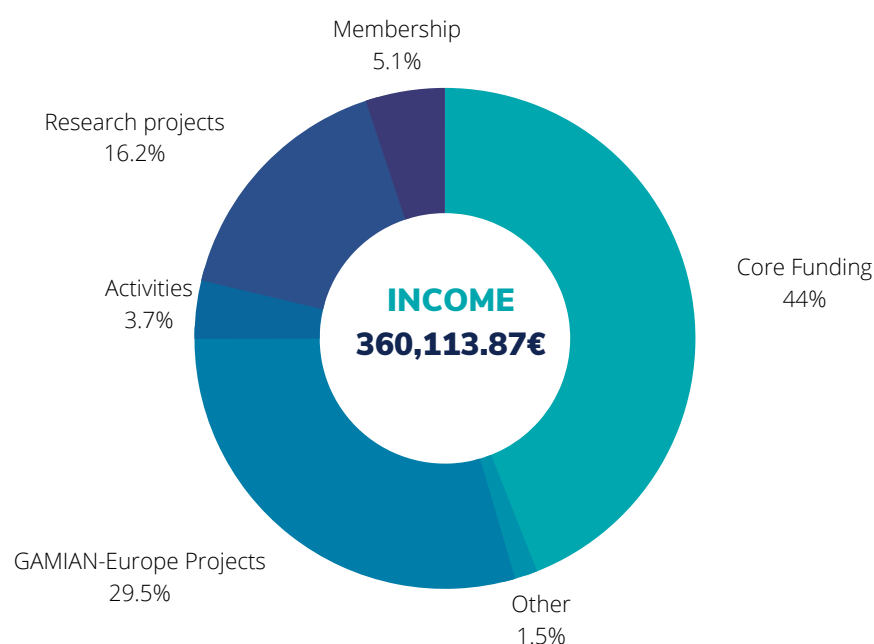
Thanks to Boehringer Ingelheim, Compass Pathway, Cmast, ECNP, Ferrer, Janssen, Lundbeck, Lundbeck Institute, OECD, Otsuka, Servier and Teva for supporting GAMIAN-Europe activities in 2018



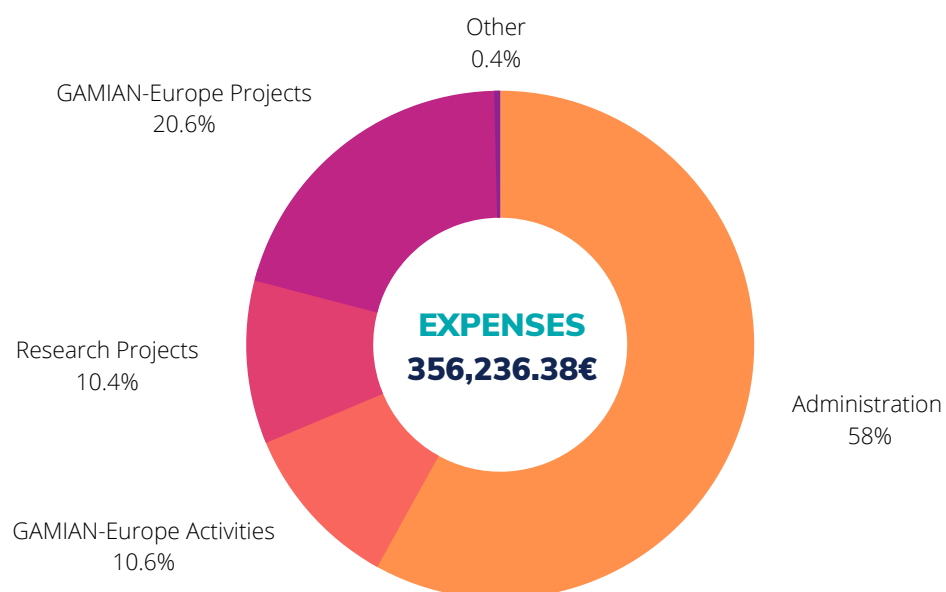
# FINANCIAL INFORMATION

## JULY 2017 - DECEMBER 2018

### OPERATING INCOME



### OPERATING CHARGES







# THE VOICE OF PATIENTS IN MENTAL HEALTH

## OVERALL OBJECTIVES

### ADVOCACY

**Act** as the voice for patients and demonstrate that this voice is useful as well as indispensable.

**Ensure** that patients are at the centre of all aspects of healthcare provision.

**Work** to improve the availability, and quality of treatment for all mental health problems.

### INFORMATION & EDUCATION

**Improve** the provision, Reliability & quality of information on mental health problems for patients as well as the general public.

**Assist** in improving the training, education and understanding of mental illness of health and other professionals.

### STIGMA & DISCRIMINATION

**Increase** awareness, knowledge and understanding of mental health problems.

**Help** reduce stigma, prejudice, and ignorance in relation to mental health problems and fight discrimination.

### PATIENTS RIGHTS

**Focus** on the development and enforcement of rights for persons affected by mental health problems, e.g. access to appropriate treatment.



# **THE VOICE OF PATIENTS IN MENTAL HEALTH**

[WWW.GAMIAN.EU](http://WWW.GAMIAN.EU)

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Belgium