

# Enosh

The Israeli Mental Health Association




[Click Here](#) 😊

# Background

- Enosh was founded in 1978 by a group of families, volunteers, and professionals.
- Enosh initiates and develops many **multidimensional services** for mentally ill persons and their families within communities throughout Israel (housing, employment, and leisure).
- 55 branched spread from Kiryat Shmona to Eilat (including the Arab Sector), that serve approximately **4,500 mentally disabled individuals and approximately 3,000 families.**
- Enosh's mission is carried out by the governing board in collaboration with the senior professional staff, and is implemented by approximately **700 employees and 900 volunteers.**

# Our Goals



- Promote the welfare and rights of people dealing with psychiatric disabilities.
  - Provide professional rehabilitation services to individuals dealing with psychiatric disabilities within and beyond the subsidized services.
  - Improving the functioning abilities of those dealing with psychiatric disabilities and helping them reach an optimal level of independent functioning in society, self realization and recovery.
  - Development of innovative rehabilitation services for the participants and their families.
  - Rebut stigmas regarding mentally ill persons through information activities, events and media coverage.
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# How we operate:



- Housing
- Occupational Training
- Leisure
- Family Support and Counseling Services
- Raising Awareness through information activities
- Advocacy

# Special Projects



- Drama and Dance groups
- Musical Ensembles
- Cooperation with the Rimon School
- 6 Cafés operates by participants
- Creative Writing Workshops
- Maof Project – Business Entrepreneurship
- Vacations in Israel and abroad



# The Social Club

- **Goals:** social skills instilment, diminution of the sense of loneness, integration in the community, use of free time.
- Enosh operates approximately **75 social clubs**, which include specially tailored programs for: youth, Arab/Russian/Amharic/English speakers.
- The club operates in the afternoon and the activities include: classes, excursions, lectures, parties, etc.



# Supportive Housing

**Goal:** housing in the community as an alternative to hospitalization or staying at the parents' household, that is adjusted to the mentally disabled individuals' needs, and creates a rehabilitative continuity.

The Supportive Housing Services operate in **several levels:**

- Individual
- Group
- Hostels





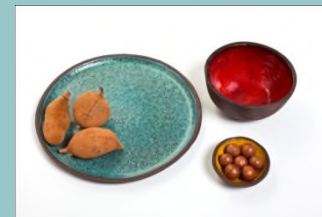
# The Occupational Training Club

- A protected occupational and social framework, in which the participants can experiment in various occupations based on their needs and skills.
- **Goals:**
  - Acquisition of work habits
  - Improvement of learning skills
  - Development of personal skills
  - Personal responsibility
  - Problem solving ability improvement
  - Expansion of social network



# Samples of Our Products

<http://www.enosh.org.il/Index.asp?CategoryID=343>




# Supported Employment

- integration of our members in the workforce with the assistance of an accompanying professional.
- **Advantages for the rehabilitant:** working in normative environment with an accompanying professional.
- **Advantages for the employer:** financial saving, instructor guidance, contribution to the community.



# Family Services



- **Goal:** to assist family members to adjust and deal with the disease and encourage rehabilitation processes.
  - **The Means Used:**
    - Individual, couples, and family counseling.
    - Support groups
    - Provision of information
    - Seminars and conferences
  - **7 Family Counseling Centers (Milam):** Carmiel, Haifa, Hadera, Natania, Kfar Saba, Jerusalem, and Ashdod.
  - **Additional Counseling provided in the branches:** Ramat HaSharon, Kfar Saba, Holon, Rehovot, Ramat Gan, Beit Shemesh, Tel-Aviv and Kiryat Shmona.
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# Round-Up



**Round-Up** is a philanthropic initiative which allows you to donate a small sum of money, which will eventually become a significant contribution to Enosh.

It will be greatly appreciated if each of you join and make this small effort which only cost a few shekels a month.

## How does it work?


In each credit card purchase the sum will be rounded up and the difference will be donated to a nonprofit organization of your choice. We will greatly appreciate it if you will make Enosh the organization of your choice. For example: if you spent 187.90 NIS in the supermarket, the sum will be rounded up to 188 NIS and the 10 Agora will be donated to Enosh. The average donation is approximately 4 NIS per month.

**For additional information and registration please visit:**

[www.round-up.org.il](http://www.round-up.org.il)



# For Additional Information and Donations



[www.enosh.org.il](http://www.enosh.org.il)

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