

Application form

A. Name of the project:

B. Summary:

The summaries of all participating projects will be published in the Gamian newsletter/on the Gamian website. All delegates at the convention will receive a print of all applications.

C. Association:

1. Name of the association: KINAPSI – Movement of Siblings Of People with Mental Illness.

Type of association (patients association, hospital, community mental health centre, day care, etc...):

2. Address: Street+ nr: **Naxou 19**
Postal code: **152.35**
City: **Chalandri, Athens**
Country: **Greece**

3. Project leader
Name: **Spyridon Zormpas**
Function: **KINAPSI General Secretary**
Tel.: **00306946003522**
Mail address: [**szorbas@gmail.com**](mailto:szorbas@gmail.com)

4. Contact person (if different from 3):
Name:
Function:
Tel.:
Mail address:

D. Presentation of the project:

This presentation consist of answering the 5 questions below in a file of maximum 1.000 words.

1. Description of the project

- 1.1. When did the project start? **24.5.2010**
- 1.2. What are the aims of the project? **Make an event in the Athens Main Metro Station about Mental Health on 24.10.2010**
- 1.3. Is the project totally independent or is it part of a larger project? **It is part of KINAPSI and other associations goals against sigma.**
- 1.4. What is the innovation of the project? **Several Greek Organizations (35) from the Mental Health Field presented themselves and sold objects created from people with mental Health issues. The atmosphere was a festival and almost 3.000 people, metro passengers were informed about mental health issues like day care centers. The spot this festival took place is the Metro Main Station of Athens "Syntagma". Inside the Metro there is an exposition hall were when there are events held, several thousands of people pass.**
- 1.5. Is the project based on a specific vision? **Speak with new and accurate ways to public about mental health. Present Mental Health as something which you can find practical and concrete solutions.**

2. Organization:

- 2.1. What is the target group? (age, pathology,...) **All age groups, people of families affected by mental health issues (from anorexia and depression to bipolar disorder and schizophrenia)**
How many people are involved in the project? **20 people**

2.2. Who is part of the organizing team (patients, professionals, volunteers,) **There was a collaboration of KINAPSI with EDRA, Etairia Koinonikis Psychiatrikis kai Psychikis Ygeias, Pepsae and Diktyo Argos. Few patients, few professionals and some volunteers. (20 people in total)**

2.3. What was the contribution of people with mental health problems? **There was a poem session, were people with mental illness presented their poems, there were many people with mental illness during the expo and the festivity was so nice that the atmosphere was light and interesting to be there and stay. Members of our association- mental health users were in the secretariat and helped to write down the names of people who wanted to be informed about similar events.**

2.4. How was the project announced to the community? **There was a nice video played on tv by a famous greek actor: Giannis Zouganelis – <http://www.youtube.com/watch?v=fKupJagLfl>, also the same clip (only sound) played as a radio spot, one member, mental health user was also on a radio show. Finally several newspaper and magazines presented the event.**

2.5. What was the budget? **3.000 euros**

2.6. How was the project financed? **An aid of 1000 euros to KINAPSI from the Greek ministry of health, the rest from other associations (Diktyo Argos, PEPSAEE, EDRA, EKSPSY)**

3. Inclusion:

3.1. How does the project contribute to the inclusion of people with mental health problems in the community : **It makes clear that there are solutions in the community for people and their families.**

3.2. Does the project collaborate with other projects/associations? **Yes, this was a big part that thanks to our initiative we collaborated with 3 other organizations.**

4. Evaluation:

4.1. Is there an evaluation mechanism in the project . **We made 3 meetings for follow up of the event**

4.2. What are the concrete results so far? **Organizations and Day care centers told us that there were several people who learned about the services they provide, people liked the festivity, (there was for example the band of the city of Athens, at a point which played music, free for the event), people in Greece learned about the event**

4.3. What led to the success of the project so far? **The good collaboration**

4.4. Do the allocated resources justify the results? **Yes .Budget of 3.000 euros was a small compared with the people 3.000 which enjoyed the event and the impact that had in society.**

5. Future

5.1. How will the project develop in the future? **Yes we are planning to make the 2nd similar festival in the same place under our initiative, under the same title with the collaboration of the same partners.**

5.2. Is it possible to implement the project elsewhere? **The idea to organize a festival, like an expo were mental health organizations, mental health institutions, will communicate with public is interesting and easy to implement. The place of the festival is crucial, choosing a spot like the main exposition hall of a metro station, where thousands of people pass by is a good choice to reach people.**

