

# GAMIAN-Europe AGM & Convention Programme

29 March - 31 March 2019

Novotel Bucharest City Centre Hotel, Calea Victoriei 37B Sector 1 010061  
Bucharest, Romania

## Friday 29th March 2019

13.00 – 18.00 - Board Meeting

Arrival of Delegates

19.30 Dinner and Presentation of GAMIAN-Europe European Personality Award at  
Novotel Bucharest City Centre Hotel

## Saturday 30th March 2019

8.30 – 9.00 - Registration

9.00 – 9.15 - Welcome and setting the scene – Hilikka Kärkkäinen, President of GAMIAN-Europe

**First Session** - Developing trust and effective care: Psychiatrists and patients in partnership  
Focus on depression

Chair – Matt Muijen, Board Member of GAMIAN-Europe and Senior Policy  
Advisor to Danish Mental Health Foundation

09.15 – 09.30 - Why GAMIAN-Europe and EPA work in partnership – Hilikka Kärkkäinen

09.30 – 09.50 - Introduction of the project – Chiara Samele, Director at Informed Thinking

09.50 – 10.10 - Challenges and actions to working effectively for patients – Silvana Galderisi,  
President of the European Psychiatric Association

10.10 – 10.20 - Discussion

10.20 – 10.50 - Coffee Break



# Programme

## **Second Session** - Depression and comorbidities

Chair – Raluca Nica, Vice-President of GAMIAN-Europe and Executive Director at Romanian League for Mental Health

10.50 – 11.20 - Depression and Comorbidity: Symptoms and treatment – Keynote address by Dr. Alan Cohen, Director of Primary Care at the West London Mental Health Trust

11.20 – 11.40 - Depression in Children and Adolescents – Raluca Nica

11.40 – 11.50 - Discussion

## **Third Session** - How to manage depression and comorbidities

Chair – Robert Kristof, Board Member of GAMIAN-Europe and General Manager of Awakening Foundation

11.50 – 12.10 - Comorbidity: Building Resilience through Positive Strategies - Mireille Pellegrini Petit, Clinical Psychologist and Positive Psychology Coach and Trainer, Thrive Positive, Malta

12.10 – 12.30 - Depression and relationships – Tiberiu Rotaru, Manager of Siret Psychiatric Hospital, Romania

12.30 – 12.40 - Discussion

12.40 – 13.40 - Lunch

Parallel sessions:

**Fourth Session** - Best Practices, Chair - Yoram Cohen, Immediate past president of GAMIAN-Europe and Corporate Secretary of the WFMH

13.40 – 14.40 - Presentations by the applicants of the Pedro Montellano Best Practice Award



# Programme

13.40 – 14.40 - How web-based support can help with our problems. What can GAMIAN-Europe and it's members contribute? - Co-Chaired by Matt Muijen and Róbert Kristóf, Board Members of GAMIAN Europe

**Fifth Session** - Annual General Assembly  
Co-Chairs - Raluca Nica & Jacinta Hastings, Treasurer of GAMIAN-Europe

14.40 – 17.30 - General Assembly and Election of a New Board

17.30 – 18.00 - Meeting of the new Board

19.00 Dinner at Novotel Bucharest City Centre Hotel

Presentation of the Pedro Montellano Good Practice Award

## Sunday 31st March

**Fifth Session** - Turning patient empowerment into a reality - a Call to Action  
Chair - Daniel Cernik, Board Member of GAMIAN-Europe

09.00 – 09.30 - Empowerment as a Human Right - Katerina Nomidou, Secretary General  
GAMIAN-Europe

09.30 – 09.45 - Empowerment – Patient's Perspective - Matthieu de Vilmorin, President of  
Schizo? Oui!

09.45 – 10.00 - Discussion

10.00 – 11.00 - Patient Advisory Board and EU Elections

11.00 Departure

